

Dear Parent/Carer,

The school's sports program is held each **Wednesday** afternoon for Years 7 to 11. The program offers a variety of sport and recreational choices. Students can select a **Grade Sport** where they compete against other schools in the St George SSSA Zone **or** a **Recreational sport**.

WINTER GRADE SPORT COMPETITION

Winter Grade	Home venue	Cost for the Winter Season
Basketball	CGHS COLA	\$55 (Years 7-11) To be paid at Office A within the first 4 weeks after the season has commenced.
Netball	Croydon Park Netball Courts, Brighton St Croydon Park	
Soccer	Lees Park, Ashbury or Croydon Park	
Table Tennis	CGHS Canteen Area	
Volleyball	CGHS COLA/MPC	

Game draws are posted on the **Sports Notice Board** before each round, usually each Monday.

Competitor Schools: Beverly Hills Girls, Blakehurst High, Kingsgrove High, Kingsgrove North, Kogarah High, Moorefield Girls, Peakhurst High, Penshurst Girls and St George Christian School.

Grade Venues: Home venues are indicated in the table above.

Travel: Students walk to home venues or take a school organised bus to the competitor venue.

Grade times: Grade Sport played at our home venues may finish as early as 2.00- 2.30pm and students can be dismissed from the home venue directly. If a student would like permission to be dismissed from the home venue at the conclusion of the game and make their own way home, a note is required from a parent/carer (overleaf). **Permission to leave competitor (away) venues is not permissible**, students must return to school with their team coach on the bus. The bus does make a stop at **Canterbury Station** where students may alight.

WINTER RECREATIONAL SPORT

Recreational Sport	Years	Venue	Costs per session invoiced per term
Aerialize	9-11	7/9 Close St, Canterbury	\$10 per week (Professional instructor)
Badminton (round-robin comp)	8-11	Canterbury Girls High School	\$2 per week
Cycling	9-11	Cooks River Cycle Track	Must bring roadworthy bike & helmet
Dance Company (audition)	8-10	Canterbury Girls High School	Fee will be advised
Dungeons and Dragons	8-10	Canterbury Girls High School	No cost
Fitness/Dance Activities	7-8	Canterbury Girls High School	No cost (No professional instructor)
Gardening	8-11	Canterbury Girls High School grounds	Purchase own gardening gloves
Gym at School	10-11	Canterbury Girls High School Gym	\$4 per week
Pilates	8-11	Canterbury Girls High School Library	\$9 per week (Professional instructor)
Rotational Sport	7	Canterbury Girls High School oval	No cost
Running group (dependent on numbers)	8-11	Local Canterbury Area	No Cost
Tennis Lessons	9-10	Lees Park Tennis Courts Cnr Hay St and Harmony St Ashbury	\$10 (Professional coach)
Yoga	8-11	Canterbury Girls High School	\$10 per week (Professional instructor)
Power Walking	8-11	Local Canterbury Area	No cost

Activities may be subject to availability and depend on external providers as well as student numbers/interest.

Recreational Transport: Students walk to and from the venue. Dismissal time from ALL school based sport programs is **2.47pm**.

Students at venues away from the school are dismissed at **2.30pm** to accommodate for any student that needs to walk back to the school for a 2.47pm dismissal. If a student would like permission to be dismissed directly from the venue at the conclusion of the sport to make their own way home, a note is required from a parent/carer (below).

Uniform: All students are required to wear full school sports uniform and appropriate sport footwear. Some sports require safety equipment, which students will need to provide themselves. Students need sun protection and water for sport. **Students who do not wear full school sports uniform will be unable to participate in sport.**

Sportsmanship: All students are to always display good manners and good sportsmanship. Unacceptable behaviour/attire may result in permission to attend being withdrawn and the cost of sport will still apply. Refer to the St George Zone code of conduct:

<https://www.stgeorgesssa.nsw.edu.au/codes-of-conduct>

PARENT/CARER CONSENT FORM

<p>By signing this consent form, I acknowledge that I have read all the conditions, I accept the costs and arrangements for sport and give permission for the student to participate in the sport program indicated below for the full duration of the Summer Sport period. I grant permission for the teacher in charge to seek medical assistance should it be necessary.</p>	
Student Name	
Year	
Sport Choice (subject to availability)	<p><i>Please note: filling out this note does not guarantee a spot for your sport choice. Please make sure you have completed the Google form.</i></p>
<p>Permission To Be Dismissed From The Home Venue</p> <p>Tick the appropriate box</p>	<p><input type="checkbox"/> Yes, I give permission for this student to be dismissed from the home venue at the conclusion of the sporting activity and make their own way home.</p> <p><i>For Grade sports dismissal is only for the HOME VENUE - not from competitor venues. The bus does make a stop at Canterbury station where students can alight if permission for dismissal has been granted by ticking this box.</i></p> <p><i>Power Walkers must return to school for dismissal, there is no early dismissal from the park.</i></p>
	<p><input type="checkbox"/> No I require this student to return to Canterbury Girls High School and remain in the allocated classroom to be supervised until 2.47 pm</p>
Student Medical Conditions	
Print Parent/carer name	
Parent/carer signature	Date: